

	Part 1: Inside-Out During this Unit students will examine their own paradigms as well as social paradigms that positively and negatively affect individual and communal success				
Topic	Purpose	Discussion	Assignments	Activities	Skill
Term 1 Week 1&2: Introduction to Leadership Class and PRINCIPLES	Provide expectations, disclosures, and introduce rubrics and plan for the year.	What is Leadership? What do you want out of this class? What is a principle? truths that govern behavior Why are we learning these things?	Choose a leader that has made a positive difference in the world and/or in your life. What qualities do they possess? What made them a good leader?	Hide the Elephant: Hide the false story in your oral biography. Scientific Principles activity	Get organized. Learn that principles govern how things work both in science and life.
Week 3&4: Introduction into Leadership and the Seven Habits. HABITS Maturity Continuum	To better understand the purpose of habits and how to create good habits and change others.	What are habits how are they formed “bed making challenge” (make your bed for 30 days) How Being In Quarantine Can Change The World Goalcast /McRaven "Make Your Bed" Speech - YouTube	Writing your own 7 habits group work choose your own 7 habits rubric - Google Docs Choose your own adventure HABITS not Characteristics	Team building rubber band Try with a catapult? Did you accomplish the task? What we get out of something vs what we learned? Did it mean anything?	Removing harmful habits and creating positive ones
Week 5&6: Growth Mindset “The Aggregation of Marginal Gains” “How can we remember our ignorance, which our growth requires, when we are using our knowledge all the time?” -Henry David Thoreau-	To identify areas where growth is needed and collect data to illustrate the need.	Marginal Gains: This Coach Improved Every Tiny Thing by 1 Percent (jamesclear.com) What Happens if You Get 1% Better Every Day? – James Clear - YouTube Atomic Habits: How to Get 1% Better Every Day - James Clear - YouTube	Notebooks/Reflection Journals Accountability Data Sheets (core?) W/S	High Jump Activity (set the bar high) Working harder by giving something harder 1% Better HW? Personal and academic? Systems.	To make small changes that lead to great results

<p>Week 7&8: Introduction into Paradigms.</p> <p>“The way we see the problem is the problem.”</p> <p>Our Paradigms Determine our empowerment.</p>	<p>To recognize our own paradigms and determine how they influence the way we approach problems.</p>	<p>Paradigm Shift - YouTube</p> <p>Paradigms - YouTube</p>	<p>Notebooks/Reflection Journals</p> <p>Brainstorm Synergy Projects</p>	<p>The Four Way Debate</p>	<p>Changing incorrect or harmful paradigms</p>
<p>Paradigm Shifts</p>	<p>To be able to examine individual paradigms and compare them to our principles.</p>	<p>Optical Illusion Examples https://www.youtube.com/watch?v=n5E8gyDPs70</p>	<p>https://docs.google.com/presentation/d/1ofxMd5vi6xmhW7b8gZC3jLL4TF3A5Tr3/edit?usp=drive_link&oid=105301863582821949372&rtpof=true&sd=true</p>	<p>Interview Teacher and report on them to the class.</p>	<p>Creating pathways to those you don't understand yet</p>
<p>Week 9: Be Proactive</p>	<p>Learning to act rather than be acted upon.</p>	<p>Stimulus - Response</p>	<p>Scenarios, how could they react?</p>	<p>Choose your own adventure? Teach younger grades</p>	<p>Ability to choose your own path</p>
<p>Week 6: Circle of Influence and concern</p>	<p>To identify areas you can control and areas you cannot</p>	<p>Circle of Influence and concern</p>	<p>w/s your daily influences. more scenarios based on you</p>	<p>Catch the Mole team game</p>	<p>To choose to work within the areas you can control</p>
<p>Week 7: The have's and the be's</p>	<p>To work on what you want to be and not what you have or don't have</p>	<p>The Have's and the Be's Ways you can BE what you want to BE in spite of HAVE'S. Landfill Harmonic - the "Recycled Orchestra" - YouTube</p>	<p>Intentionally smile and say hi to people you don't know, teachers, etc...</p> <p>Make a recycled instrument</p>	<p>Race to do something. Some have the necessary tools and some don't.</p>	<p>Focusing on who you want Become vs what you have been dealt.</p>
<p>Week 8: Consequences</p>	<p>Recognize consequences for what they are</p>	<p>Natural vs Superficial consequences Response to mistakes pg 121-123 "7 Habits"</p>	<p>Continue recycled instrument from last week</p>	<p>Picking up sticks, branches with multiple outcomes?</p>	<p>Make choices carefully and with consequences in mind</p>

Week 9: Commitment End Term 1			Begin 30 day proactivity challenge "7 habits", Pg 135-137		

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TERM 2 Week 10 & 11: BEGINNING WITH THE END IN MIND	To begin to understand what matters most to an individual	Mission Statements https://pin.it/5rKRuaP	Write Personal Mission Statement	80th Birthday. who will be there and what will they say	Recognizing what you want to be and planning accordingly
Week 11: 1st and 2nd Creation	Mentally creating the outcome before we start something	1st and 2nd Creation		Spaghetti noodle strength- tower and marshmallow on top? Or bridge?	Thinking before acting
Week 11:	Determining what traits are deep and characteristic vs what we portray and do not mean	Character vs Personality ethics Peer Pressure Social Mirrors		Sincerity (leadership) vs manipulation via Personality attitudes. Color Peer Pressure Activity	Learn the value of sincerely connecting with individuals and develop character
Week 12:		Center- security, power, wisdom, guidance			
Week 12&13 FIRST THINGS FIRST					
Week 14: Big rocks vs small rocks					

Week 15: 4 generations of time management					
Week 16:					
Week 17: End Term 2					
Term 3 Week 19: THINK WIN-WIN					
Week 19:					
Jan 15-20	critical thinking	article analysis questions			
Week 21:					
	seeking to understand	picture drawing from description			
	Synergy		https://www.youtube.com/watch?v=yYbORpgSmjg		
			landfillharmonic		

Overall Themes

Data collection

public speaking

presentations

problem solving

analytical thinking

critical thinking

creative thinking

communication

synergy

compassion

self evaluation/awareness